



Assalam International University

Faculty of Pharmacy

**"Awareness of the Risks of Unsafe Use of Medicinal Herbs and
Their Extracts: A Study on Herbal Products in Pharmacies
and Their Impact on Public Health"**

**Project Submitted for Partial Fulfilment of Requirement
of B. Pharm Degree)**

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ABSTRACT

This study aims to evaluate the awareness level of the risks associated with the unsafe use of medicinal herbs and their extracts among consumers and pharmacists, focusing on herbal products available in pharmacies and their impact on public health. The research employed descriptive methodology and analyzed data collected through questionnaires distributed to 18 pharmacists and 71 consumers. Results indicate a significant lack of accurate knowledge regarding proper dosages and potential drug interactions. The study highlights the necessity for public awareness initiatives and pharmacist training programs to improve the safe use of herbal products.

Keywords:

Herbal awareness-Medicinal herbs- Herbal safety